

# PERSONAL TRUTHS

Circle words below that you currently believe about yourself  
or want to believe about yourself.

appealing	passionate	inspired	content
sweet	enthusiastic	inventive	humble
spiritual	zealous	resourceful	unassuming
wise	altruistic	ingenious	happy
nice	sympathetic	productive	satisfied
friendly	humane	exciting	comfortable
faithful	selfless	lively	at ease
leader	philanthropic	joyful	relaxed
strong	smart	cheery	able
supportive	free	sensible	knowledgeable
ethical	gentle	reasonable	skilled
principled	thoughtful	complete	proficient
good	independent	capable	expert
honest	creative	genuine	adept
loving	compassionate	inspiring	valuable
tender	self-sufficient	proud	abundant
warmhearted	liberated	approachable	fruitful
demonstrative	conventional	peaceful	powerful
caring	objective	honest	deep
kind	elegant	giving	prolific
affectionate	clever	nurturing	understanding
cordial	stylish	accomplished	dynamic
hospitable	intelligent	whole	useful
welcoming	quick	undivided	helpful
amiable	charming	achiever	constructive
cheerful	tidy	great	beneficial
lovable	neat	confident	positive
dependable	thoughtful	dynamic	functional
authentic	enchanted	divine	worthwhile
funny	empowered	centered	survivor
accomplished	enlightened	courageous	victorious
important	reliable	calming	unique
free	enough	balanced	special
delightful	compassionate	prized	sacred

Other:

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